



**FOR IMMEDIATE RELEASE**  
**January 8, 2021**

**Dallas County Continues to Report Record High Hospitalizations,  
2,387 New Positive 2019 Novel Coronavirus (COVID-19) Cases and 21 Deaths  
Including 281 Probable Cases**

**DALLAS** -- As of 12:00 pm January 8, 2021, Dallas County Health and Human Services is reporting 2,387 additional positive cases of 2019 novel coronavirus (COVID-19) in Dallas County, 2,106 confirmed cases and 281 probable cases. There is a cumulative total of 188,287 confirmed cases (PCR test). There is a cumulative total of 23,492 probable cases (antigen test). A total of 1,756 Dallas County residents have lost their lives due to COVID-19 illness.

The additional deaths being reported today include the following:

- A woman in her 20's who was a resident of the City of Dallas. She had been critically ill in an area hospital and had underlying high risk health conditions.
- A woman in her 40's who was a resident of the City of Dallas. She had been critically ill in an area hospital and had underlying high risk health conditions.
- A woman in her 40's who was a resident of the City of Dallas. She had been critically ill in an area hospital and had underlying high risk health conditions.
- A woman in her 50's who was a resident of the City of Dallas. She had been critically ill in an area hospital and did not have underlying high risk health conditions.
- A woman in her 50's who was a resident of the City of Mesquite. She had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 50's who was a resident of the City of Dallas. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 50's who was a resident of the City of Dallas. He was found deceased at home.
- A man in his 60's who was a resident of the City of Garland. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A woman in her 60's who was a resident of the City of Dallas. She had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 60's who was a resident of the City of Dallas. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 70's who was a resident of the City of Duncanville. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 70's who was a resident of the City of Dallas. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 70's who was a resident of the City of Dallas. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A woman in her 70's who was a resident of a long-term care facility in the City of Dallas. She had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 70's who was a resident of the City of Garland. He had been critically ill in an area hospital and had underlying high risk health conditions.

- A man in his 80’s who was a resident of the City of Dallas. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A man in his 80’s who was a resident of the City of Richardson. He had been critically ill in an area hospital and did not have underlying high risk health conditions.
- A woman in her 80’s who was a resident of the City of Dallas. She had been critically ill in an area hospital and had underlying high risk health conditions.
- A woman in her 80’s who was a resident of a long-term care facility in the City of Carrollton. She had been hospitalized and had underlying high risk health conditions.
- A man in his 80’s who was a resident of the City of Dallas. He had been critically ill in an area hospital and had underlying high risk health conditions.
- A woman in her 90’s who was a resident of a long term care facility in the City of Dallas. She expired in the facility and did not have underlying high risk health conditions.

The provisional seven-day average of daily new confirmed and probable cases (by date of test collection) for CDC week 52 was to **1,637**, which is a rate of **62.1** daily new cases per 100,000 residents. The percentage of respiratory specimens testing positive for SARS-CoV-2 remains high, with **27.2%** of symptomatic patients presenting to area hospitals testing positive in week 52 (week ending 12/26/20). Since the beginning of the pandemic, over 3,864 healthcare workers and first responders have been diagnosed with COVID-19 in Dallas County.

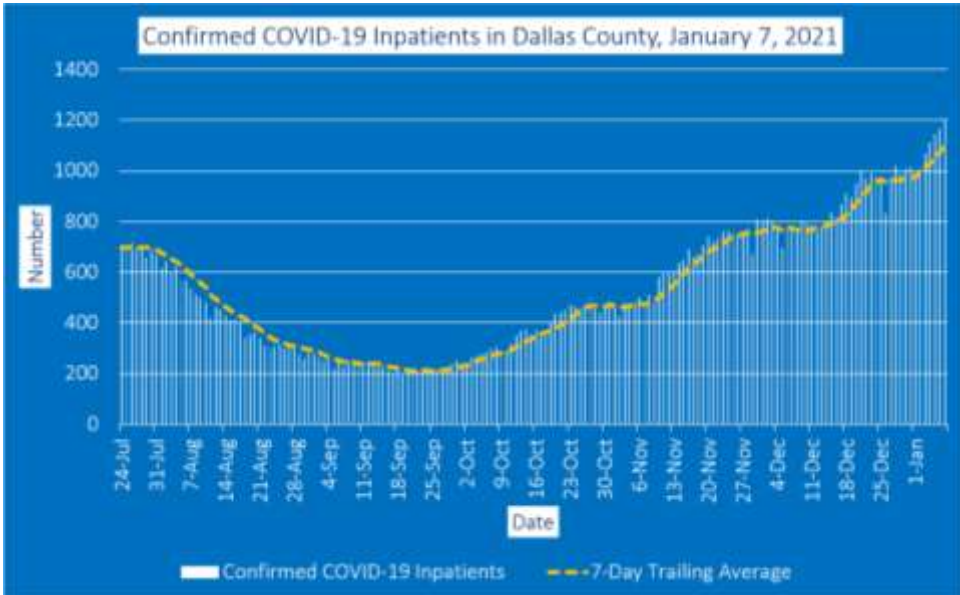
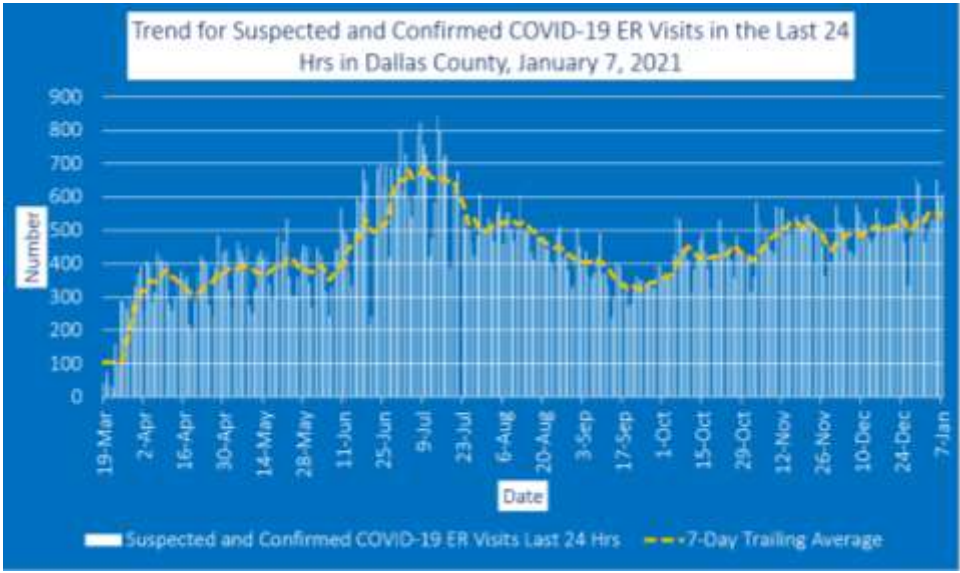
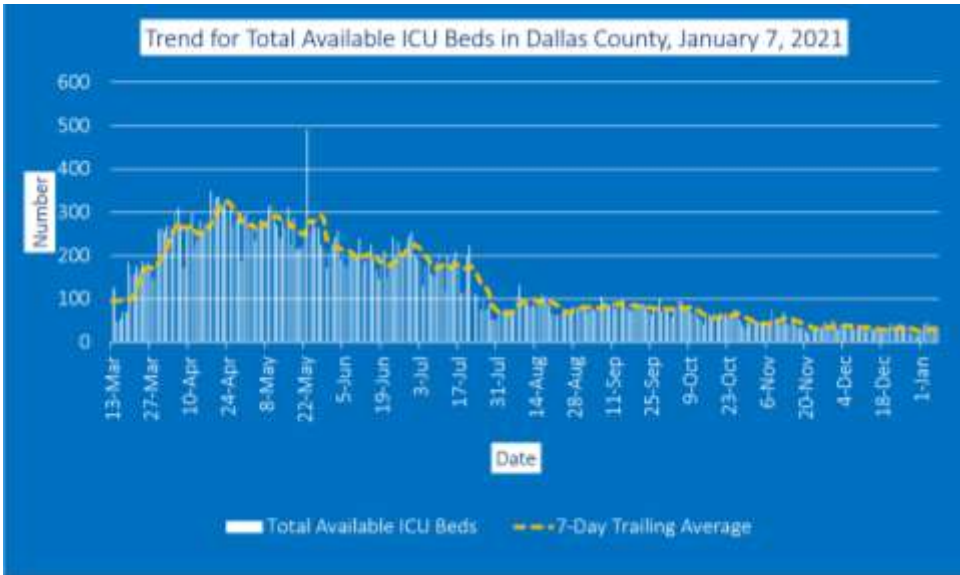
Over the past 30 days, there have been 5,309 COVID-19 cases in school-aged children and staff reported from 677 separate K-12 schools in Dallas County, including 454 staff members. There are currently 106 active long-term care facility outbreaks. This is the highest number of long-term care facilities with active outbreaks reported in Dallas County since the beginning of the pandemic. A total of 3,201 residents and 1,808 healthcare workers in long-term facilities in Dallas have been diagnosed with COVID-19. Of these, 688 have been hospitalized and 361 have died. About 22% of all deaths reported to date have been associated with long-term care facilities. Forty outbreaks of COVID-19 in congregate-living facilities (e.g. homeless shelters, group homes, and halfway homes) have been reported in the past 30 days associated with 99 cases.

Of all confirmed cases requiring hospitalization to date, more than two-thirds have been under 65 years of age. Diabetes has been an underlying high-risk health condition reported in about a third of all hospitalized patients with COVID-19. New cases are being reported as a daily aggregate, with more detailed summary reports updated Tuesday and Friday evenings are available at:

<https://www.dallascounty.org/departments/dchhs/2019-novel-coronavirus/daily-updates.php>.

Local health experts use hospitalizations, ICU admissions, and ER visits as three of the key indicators as part of determining the COVID-19 Risk Level (color-coded risk) and corresponding guidelines for activities during our COVID-19 response. There were 1,206 COVID-19 patients in acute care in Dallas County for the period ending on Thursday, January 7. The number of emergency room visits for COVID-19 like symptoms in Dallas County was 608 for the same time-period, which represents around 23 percent of all emergency department visits in the county according to information reported to the North Central Texas Trauma Regional Advisory Council. This is the fifth day in a row with record high numbers. Growth across the region and state continues as well. Hospitals are utilizing surge planning, but we continue to see limited ICU beds and are concerned about capacity if numbers continue to escalate. You can find additional information on risk-level monitoring data [here](#).

On December 3, Trauma Service Area E (TSA E), which includes Dallas County and the greater Dallas-Fort Worth Metroplex, reached seven consecutive days where the percentage of COVID-19 confirmed patients in regional hospitals, as a percentage of available hospital beds, exceeded 15 percent. According to Governor Abbott’s Executive Order GA-32 (GA-32), this makes TSA E an area with high hospitalizations and certain occupancy reductions are automatically triggered by reaching this threshold.





“Today we have 2,387 new COVID cases and 21 deaths, including a woman in her 20’s and two women in their 40’s. These numbers and deaths are a somber reminder that COVID is at all-time highs and can cause serious illness, and potentially fatal illness, for people of all ages. It is particularly important in January and February, before the vaccine has a chance to work on our healthcare heroes and those most vulnerable, that we continue to make smart decisions to avoid crowds and forgo get-togethers whenever possible. It is up to all of us to flatten this curve so that as more and more people get vaccines, we can get back to our pre-COVID activities as soon as possible.

I am pleased that we are opening our vaccine mega center at Fair Park on Monday and will have more opportunities to get to our 1B population. If you have not signed up for a vaccine yet, please do so at [www.DallasCounty.org](http://www.DallasCounty.org). Presently there is not a system set up by the State to register for vaccines other than the websites that have been created by counties and local health departments. In the future, there will be ways for people without internet access to sign up as well. But for now, we ask anyone who has a loved one who is over 65 or has an underlying health condition, and is unable to fill out the online registration themselves, to help that person, and for anyone without web access or without a device, please go to a public library, if open in your city. Public libraries have computer access and devices and you can use those to register,” said Dallas County Judge Clay Jenkins.

**All Dallas County COVID-19 Updates and Information can be found here:**  
<https://www.dallascounty.org/covid-19/> and all guidance documents can be found here:  
<https://www.dallascounty.org/covid-19/guidance-health.php>

**Specific Guidance for the Public:**

- [Dallas County COVID-19 Related Health Guidance for the Public](#)
- [Dallas County Measures for Protecting An Institution’s Workforce from COVID-19 Infection: Employer/Employee Guidance](#)
- [Dallas County Guidance for Individuals at High-Risk for Severe COVID-19](#)

The Centers for Disease Control and Prevention (CDC) recommends taking everyday preventive actions to help prevent the spread of respiratory diseases, including:

- Avoid close contact outside your home: Put 6 feet of distance between yourself and people who don’t live in your household.
- Cover your mouth and nose with a cloth face cover when around others and continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.
- Stay home when you are sick, except to seek medical care

- Wash your hands often and with soap and water for at least 20 seconds and help young children to do the same. If soap and water are not available, use an alcohol-base hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently touched objects and surfaces daily using a regular household cleaning spray or wipes.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, use your sleeve, not your hands. Immediately wash your hands.
- Monitor your health daily. Be alert for symptoms. Take your temperature and follow CDC guidance if symptoms develop.

Additional information is available at the following websites:

- CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- CDC Travel Information: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
- DSHS: <https://dshs.texas.gov/coronavirus/>
- DCHHS: <https://www.dallascounty.org/departments/dchhs/2019-novel-coronavirus.php>

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